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**From:** Kurt Helgemoe <kahelgy@gmail.com>  
**Sent:** Thursday, April 28, 2016 01:33  
**To:** [REDACTED]  
**Cc:** [REDACTED]  
**Subject:** AP exam month cometh

Dear students, first let me say I really miss each and every one of you. I hope this finds you well as you enter the home stretch of this school year.

I must say, it is with much pride I have heard that your classes are running smoothly and have been able to maintain a focus on physics. It really warms my heart to hear that, there are students really stepping forward to help others grasp these physics concepts. Great job on maintaining a great learning environment and growing the classroom culture that we started to develop when I was still there. You even took charge of the situation and were able to create a student led Knight Time! Wow, the maturity and dedication you have demonstrated to the staff and administration is something you should all look back on with great pride.

You are all about to take the AP physics exam! Relax! It is just a test. If you really prepared, you will do fine. If you did not prepare, you know how this will work out. If you worked hard be proud of no matter, the result. If you did not work hard, ask yourself why you didn't and see if you can challenge yourself to work harder.

I hope you do well on the AP exam, but there are more important things I hope you got out of my classroom. I want you all to be problem solvers, life is hard and you will have to solve problems every day. Sometime there is not a right answer but if are a problem solver you will will make better decision when confronted with this type of situation. Life is an action, how you live it and react to situations is completely up to you. Our class rules are those same actions, use them to guide your life. Be respectful, professional, engaged, creative, safe. It will serve you well and help you achieve your goals.

Those of you who helped with set design, I am deeply sorry that you will not be able to use that as a basis for your project. The science department lost 4 teachers by the time I left and it leaves a large burden on the rest of the department to assist with the classes that are left behind. Trying to do multiple project styles adds to the load the other teachers have taken on and it would be easier to grade a batch of the projects that are the same. I do hope that those that assisted with the production came away with a great appreciation for the arts and were able to see the fruits of their labor in action. Let me know how the production went and how the props fared.

My wife, Frodo and I are well and we just moved into our house yesterday. We are living in Martinez CA. The weather is amazing and we have been to several national parks already.

I love hearing how you are doing.

Warm regards,

Mr. Helgemoe (#1 Helgebro)

ps Send me a list of these kahhoot nicknames, sounds funny.